

3 Questions

to Integrate Substance Use Disorder Services into Primary Care

This fact sheet provides information and education including examples of tools and potential mentoring opportunities for those rural healthcare providers beginning to provide or providing substance use disorder treatment services.

Finding resources can be as easy as 1, 2, 3.

1. What should primary care providers know about substance use disorder — including opioids?

National Institute on Drug Abuse

Advancing Addiction Science Drugs, Brains, and Behavior: The Science of Addiction — VISIT: <https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/drug-misuse-addiction>

American Society of Addiction Medicine

RESOURCES — Visit: <https://www.asam.org/resources/patient-resources>

RTI International

Understanding, Preventing and Treating Opioid Abuse
Multidisciplinary Research to Combat the Costs of Opioid Abuse — VISIT: <https://www.rti.org/emerging-issue/understanding-preventing-and-treating-opioid-abuse>

Providers Clinical Support System

Discover the Rewards of Treating Patients with Opioid Use Disorders — VISIT: <https://pcssnow.org/>

Institute for Healthcare Improvement

Health Care Providers Must Act Now to Address the Prescription Opioid Crisis — VISIT: <http://www.ihl.org/resources/Pages/Publications/Health-Care-Providers-Must-Act-to-Address-Prescription-Opioid-Crisis.aspx>



2. Where can I find resources?

ON PRESCRIBING:

Affirm Health

Opioid Prescribing Guidelines: A State-by-State Overview — VISIT:

https://www.google.com/amp/s/www.affirmhealth.com/blog/opioid-prescribing-guidelines-a-state-by-state-overview%3fhs_amp=true

CDC

CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016 — VISIT: https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmmwr%2Fvolumes%2F65%2Frr%2Frr6501e1er.htm

American College of Physicians

Providers' Clinical Support System for Opioid Therapies — VISIT:

<https://www.acponline.org/meetings-courses/focused-topics/providers-clinical-support-system-for-opioid-therapies>

HHS/Opioids

Safe Opioid Prescribing — VISIT: <https://www.hhs.gov/opioids/prevention/safe-opioid-prescribing/index.html>

National Institute of Drug Abuse

Other Opioid Prescribing Resources — VISIT: <https://www.drugabuse.gov/nidamed-medical-health-professionals/opioid-crisis-pain-management/other-opioid-prescribing-resources>

CDC

Guideline Resources — VISIT: <https://www.cdc.gov/drugoverdose/prescribing/resources.html>

Wonder Labs

Alternatives to Addictive Painkillers and Opioids — VISIT: https://www.wonderlabs.com/blog/alternatives-to-addictive-painkillers-and-opioids?ad=goopioid&gclid=Cj0KCQjw1pbIBRDSARIsACfUG13-SG8aE4NAJ1ZMXi-3fMZb1HPZ9xPVILyDDbv_z-msY4TvOu7OdHJAaAltSEALw_wcB

ON MEDICATION ASSISTED TREATMENT (MAT):

Opioid Prescribing Courses for Health Care Providers

MAT — VISIT: <https://www.samhsa.gov/medication-assisted-treatment/training-resources/opioid-courses>

Where can I find resources? CONTINUED

ON TREATMENT OPTIONS:

SAMHSA Behavioral Health Treatment Services Locator –

VISIT: <https://findtreatment.samhsa.gov/locator/home#.XKy3TZhKhPY>

SAMHSA's National Helpline

1-800-662-HELP (4357) – VISIT:

<https://www.samhsa.gov/find-help/national-helpline>

Effective Treatments for Opioid Addiction – VISIT:

<https://www.drugabuse.gov/publications/effective-treatments-opioid-addiction/effective-treatments-opioid-addiction>

Probuphine: A Game-Changer in Fighting Opioid Dependence –

VISIT: <https://www.drugabuse.gov/about-nida/noras-blog/2016/05/probuphine-game-changer-in-fighting-opioid-dependence>

Extended-Release Naltrexone to Prevent Opioid Relapse in Criminal Justice Offenders – VISIT:

<https://www.nejm.org/doi/full/10.1056/NEJMoa1505409#t=abstract>

Addiction Technology Transfer Center Network

Taking Action to Address Opioid Misuse – VISIT: <https://attcnetwork.org/centers/global-attc/taking-action-address-opioid-misuse>

SAMHSA

Recovery and Recovery Support – VISIT:

<https://www.samhsa.gov/find-help/recovery>

Opioid Epidemic Practical Toolkit: Helping Faith and Community Leaders Bring Hope and Healing to Our Communities – VISIT:

<https://www.hhs.gov/about/agencies/iea/partnerships/opioid-toolkit/index.html>

3.

Where can I find information regarding on-going support/mentoring?

RAND

Opioid TA center — VISIT:

<https://www.rand.org/health-care/centers/optic.html>

National Institute on Drug Abuse (CME) — VISIT:

<https://www.drugabuse.gov/nidamed-medical-health-professionals/health-professions-education/cmece-activities>

Telehealth can help us combat the opioid crisis —

VISIT: <https://www.linkedin.com/feed/update/urn:li:activity:6519228043519619072>

Project C.L.E.A.N (Communities Leaders Eliminating the Abuse of Narcotics) — VISIT: <https://www.cch-inc.com/images/clean/clean.pdf>

Columbus Community Hospital

Project C.L.E.A.N. - Safe Use Not Abuse — VISIT:

<https://www.cch-inc.com/en/projectclean>

Hennepin Healthcare

Project ECHO — VISIT: <https://www.hennepinhealthcare.org/project-echo/>

Minnesota Hospital Association

Project ECHO: Extending Opioid Treatment Statewide — VISIT:

https://www.mnhospitals.org/Portals/0/Documents/education/7369_GS03.pdf

TeleECHO as an Educational Model for Treating Opioid Use

Disorder — VISIT: <https://minnesotaruralhealthconference.org/sites/default/files/5A%20TeleECHO%20as%20an%20Educational%20Model%20for%20Treating%20Opioid%20Use%20Disorder.pdf>

CHI St Gabriels Health

Project ECHO — VISIT: <https://www.chistgabriels.com/echo/>

A Rural Response: Project ECHO

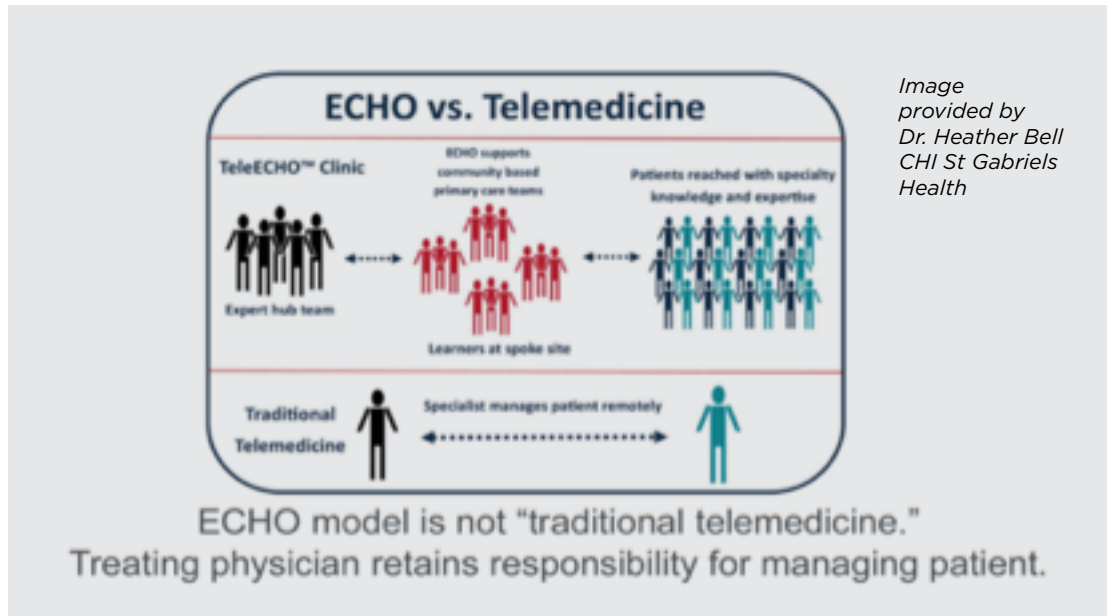


Image provided by Dr. Heather Bell CHI St Gabriels Health

Other Resources:

SAMHSA-HRSA Center for Integrated Health Solutions

Behavioral Health in Primary Care — VISIT: <https://www.integration.samhsa.gov/integrated-care-models/behavioral-health-in-primary-care>

SAMHSA

Rural Opioid Technical Assistance (ROTA) — VISIT: <https://www.samhsa.gov/rural-opioid-technical-assistance-rota>

These resources are in no way an exhaustive list of the many quality resources available at little or no charge to providers serving SUD patients.

Easy as 1, 2, 3....

To find the resources you need to assist the patients you serve.

Contact NOSORH Education and Services Director, Chris Salyers (chris.salyers@nosorh.org) with questions, for discussion or for additional information.